

# CORE PARTNERS

THANK YOU FOR  
**HELPING**  
ME AND MY PARENTS HAVE  
**FOOD TO EAT.**  
YOU HAVE FILLED MY  
**HEART**  
**WITH JOY**  
AND MY FAMILY KNOWS  
**WE ARE**  
**NOT**  
**ALONE.**  
YOU GUYS ARE  
**MY HERO.**  
PS: PLEASE DON'T EVER  
STOP DOING THIS.

—A Bite-2-Go recipient  
Brentwood Elementary  
5th grade

As you consider supporting At The Core and the Bite-2-Go program, we ask you to...

#### PICTURE THIS:

In Spokane County, 22.3% of children are food insecure (meaning a household-level economic and social condition of limited or uncertain access to adequate food). That is 24,280 total children. Simply put: 1 in 4 Spokane children are unsure of where their next meal will come from. Reality gets a little more disturbing when you picture this: the percentage of kids living at or below the poverty line in the Spokane area is 27.2 %. The most impoverished subgroup in our community is children ages 0-18.

#### NOW PICTURE THIS:

Your organization, At The Core, and Second Harvest Food Bank partner to provide weekend meals to hungry kids who depend on free breakfast and lunch during the week at their school. Each child receives a "Bite 2 Go", a kit of shelf-stable food, tucked discreetly in their backpack on Friday. Each food kit includes: 2 shelf-stable milks, 2 bowls of cereal, a cup of applesauce and cup of peaches, 2 cans of Chef-Boy-R-Dee pasta: Ravioli and Beefaroni, apple juice, grape juice, a package of cheese and crackers, a package of sunflower seeds, and a package of trail mix. It costs \$144 or \$12 per month to feed one child over the weekends for the entire school year.

#### HOW THE PROGRAM WORKS:

At The Core helps your business adopt a local school for a 3 year period. Our schools coordinator meets with the school administration and staff get an estimate of the number of children who will need this support. Your involvement may simply be as important as funding or jointly funding the program with a church or another business. If you choose to be more involved At The Core is here to

continued on reverse...

help. We will support you to inspire sponsors, recruit and train volunteers, and network with other organizations to fill the need at your adopted school. We also communicate with Second Harvest, provide creative ways to augment the program in your context, and offer fresh ideas for making your business' Bite-2-Go program uniquely yours!

We make it easy for your business to be as hands-on or off as fits you. If you want to be more hands on options could include:

- **Packing food at Second Harvest on a periodic or regular basis**
- **Periodically adding inspirational messages, additional food or hygiene items**
- **Being responsible for delivering the packages weekly to the school coordinator**
- **Reading and or other in-classroom student assistance**
- **Working with your adopted school to help as needed with projects**

Children receiving the food are anonymous to those who sponsor them, and to the rest of the students at school. There is not enough room to pen all the stories of children and families who have been helped in the past and will be helped through caring churches, businesses and individuals like you. Let us know what questions you have and if and how you want to proceed.

"The employees at The CashLINQ Group are honored to team with At The Core and Second Harvest, helping to provide weekend meals to young kids in our area. At The Core has been an amazing organization to work with and we look forward to our continued partnership."

**Foster Chase  
President and CEO  
The CashLINQ Group**

"I wanted to personally say thank you for the food and little extras that you have given my family over this school year. It has gotten us through this school year which has been pretty tough, financially. Your efforts and love are answered prayers and I truly appreciate it."

**Kimberly, Bite-2-Go Recipient**

At The Core is a 501c3 non-profit organization. We serve as the system through which the Bite-2-Go program is marketed and implemented city-wide, with the help of Second Harvest Food Bank.

Want to see this program available to every child who needs it in our region and beyond? Donate securely online at [www.lifeatthecore.org](http://www.lifeatthecore.org).

"Small things make a big difference. Hi my name is Belle. Thanks for all the food. You helped us a lot. From my family to you. PS you're the best. PS I am in third grade and I am 8.

**Belle, Bite-2-Go recipient**

"At the Core and A Bite-2-Go is an outreach that truly blesses all who are involved. As a teacher, I am greatly comforted knowing that my most needy students are being fed throughout the weekends. The positive impact on their health and well being is reflected in their learning".

**Therese Hunt, 4th Grade Teacher  
Riverside Elementary School**

"The Bite-2-Go program through At The Core means so much to me. They exemplify a grass-roots effort to improve the lives of those among us. This group does God's work, never really seeing the faces or knowing who they are helping, but giving of their time, energy, and talents just the same. I close my eyes and picture God's arms, reaching out to embrace those in need, and I see At The Core".

**Debbie Weichert  
Social Worker, Meadowridge  
Elementary School**

